



Atlantic Edge Dive Center

Training Department

Dive Training Facility Info Sheet

Facility: Quince Orchard Swim & Tennis Club (Gaithersburg, MD)

Address:

16601 Roundabout Drive
Gaithersburg, MD 20878

Phone: 301-948-3116

SUMMER SCHEDULE:

6:30—Staff arrives, unpacks truck
7:00—students arrive, assemble gear
7:00-11:00—Pool Session
(9:45-10:30—aqua aerobics is in deep end so we move to the two lines closest to the deep end)
11:00-11:30—Students breakdown gear
11:30—Staff packs truck
12:00– 4:30—Classroom Session 2

WINTER SCHEDULE:

7:00—Staff arrives, unpacks truck
7:30—students arrive, assemble gear
8:00-12:00—Pool Session
(10:45-11:30—aqua aerobics is in deep end so we move to the two lines closest to the deep end)
12:00-12:30—Students breakdown gear
12:30—Staff packs truck
12:30– 4:30—Classroom Session 2

Notes:

- 1) Never, unless under the specific direction of the Aquatics Director, open, or allow to be opened by any of our staff or students, any of the doors in the ‘bubble’, except the rotating door at the locker room that we enter through.
- 2) From 8-10 we have the deep end and the lane closest to the deep end. From 10-11 we have the two lanes closest to the deep end (but not the deep end itself). From 11-12:30 we have the deep end and the deep half of the two lanes (but not the shallow half of the two lanes)
- 3) QOSTCs thunder policy is we must be off the deck for 30 minutes from the last thunder clap. Generally they will want us to go into the locker room or lounge area—ask the guards for direction. The guards should work with us to make every reasonable attempt to give us make up time, address this before you get back in the water.